

Health Improvement Benefit Approval Form



This form must be completed by a Health Provider stating what condition the exercise classes or programs are intended to manage.

A Health Provider for the purposes of this form means a Medical Practitioner, Dietitian, Exercise Physiologist, Physiotherapist, Osteopath, Chiropractor, Occupational Therapist, Psychologist, Diabetes Educator or Aboriginal Health Worker.

This form lasts for a maximum of 2 years and will need to be renewed after that time.

Patient details

Who is this claim for?

Member number

First name

Surname

Health Provider details

This section must be completed by the Health Provider recommending the exercise class or program.

Name

Provider Number

Speciality

Address

Suburb

State

Postcode

What is the Patient claiming benefits for?

- Exercise classes or Personal training Exercise physiology group class Gym membership
 Weight management program Swimming lessons for children 0-17 years

Health condition details

What diagnosed medical condition are the classes/courses aimed to managed?

- Arthritis Asthma Body Mass Index (BMI) over 26 for adults or unhealthy BMI for children
 Diabetes High blood pressure Muscular skeletal disorder
 Pregnancy Other – please detail below

Health Provider to complete:

The member has had this condition since

Declaration by Health Provider

I declare that the benefit sought by the member is intended to manage a specific health condition(s) that I have identified and that all the information contained in this form is true and correct.

Health Provider's signature

Date: / /

To be eligible to receive any benefits for Health Improvement:

1. Print this Health Improvement Benefit Approval Form
2. Take it to your Health Provider and have them complete this form
3. Submit this form by logging in to your account at ahm.com.au and upload this form under the **Health Improvement Benefit Approval form** option. **Or**, if you have a receipt, select **Make a claim** and upload this form with your receipt instead.